

BUGLE





The best activities guide around!

OCTOBER 2003





The U.S. Army Garrison, Japan (USAG-J), Services Division, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.





THIS MONTH'S COVER

This month's Bugle cover features "Red Ribbon Week" which is 23 through 31 October. The focus is on educating and increasing community awareness of the hazards of substance abuse among our youth. The success of the campaign will be attributed the collaborative efforts on the part of organizations and activities as well as the involvement of members of the community. Alcohol Drug Control Officer Stan Walker and 12 year old Kelli Corcoran watch as 8 year old Ellen Buckner ties a red ribbon around a tree at Camp Zama. Kelli is a cadette from Troop 27 and Ellen is a Brownie from Troop 22. The girl scouts will be helping to tie red ribbons around the Camp Zama area.

Photo by Richard Haun, and technical enhancement by Hideko McKeta.



| USAG-J, COMMUNITY ACTIVITIES | MS. WITTKAMP | 263-7611 |
|-------------------------------|---------------|----------|
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| BOWLING CENTER | MR. GALLAGHER | 263-4780 |
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| ENTERTAINMENT | MR. TAKASE | 263-3939 |
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| HOB NOB INN | MR. KOMAGATA | 267-6372 |
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| INTERNATIONAL TOURS | MS. NAKAMURA | 263-5273 |
| KENNELS | MR. MANGUM | 263-5915 |
| KURE CLUB | MR. RICKS | 256-2580 |
| LIBRARIES | MR. LACOMB | 263-5267 |
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| LODGING OFFICE | MR. HUNTER | 263-3830 |
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| MWR MARKETING | MR. HAUN | 263-4721 |
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| OUTDOOR RECREATION | VACANT | 263-3311 |
| POOLS | MS. BAILES | 263-5656 |
| PRIVATE ORGANIZATION | MS. MANRIQUE | 263-5316 |
| SAGAMI LOUNGE | MR. LARKIN | 268-4954 |
| SCHOOL AGE SERVICES | MS. GATES | 267-6317 |
| SERVICES DIVISION | MR. CENTENO | 263-3477 |
| SPORTS & FITNESS & AQUATIC | MR. STEARNS | 263-3954 |
| PROPERTY CONTROL | MR. MCCRAE | 263-4967 |
| TEEN CENTER | VACANT | 263-4500 |
| YOUTH SPORTS | MR. THOMPSON | 263-5437 |
| 10TH DCA TORII STATION | | 644-5396 |
| | | |

| OTHER NUMBERS | | |
|------------------------|-------------|----------|
| AAFES | MR. SALGADO | 263-3775 |
| CENTRAL ACCT NAF | VACANT | 263-4222 |
| CPAC | MS. MORGAN | 263-3755 |
| CPAC NAF UNIT | MR. FEEDHAM | 263-4383 |
| FAMILY HOUSING OFFICE | MS. QUENGA | 263-3527 |
| HARDY BARRACKS LODGING | MR. SHIBATA | 267-3270 |
| KURE LODGING | MS. UPTON | 256-2539 |
| | | |

MWR MARKETING

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October Bugle Editor: Hideko McKeta

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|--------------------------------------|--|---|--|--|--|--|
| UPCOMING EVENTS: • Newcomers Orientation - 18 November • Turkey Shoot Golf Tournament - 22 November • Thanksgiving Buffet - 27 November • Payday Scramble - 28 November • Bazaar - 29 - 30 November | | | • Mongolian BBQ CZCC | 2 | Nikko Excursion Tour Racquetball Tournament Sports Edo-Style Hot Spring Tour | | |
| • King of the Hill Tournament Bowling • Ekiden Sagami Depot • Katsunuma Grape Festival Tour | Swimming Lessons will begin Sports | • Football Bash CZCC | Mongolian BBQ CZCC | • Anger Management Class I ACS | Marriage Renewal Ceremony Zama Chapel Yokohama Zip Trip Tour | Izu Minshuku Overnight Trip Tour Fuji Safari Park Tour | |
| • Izu Minshuku Overnight Trip Tour • Drag Racing Tour Auto | • Free Time at Tama Hills Tour | • Football Bash CZCC • Single Parent Support Group ACS | • Mayors Luncheon ACS • Couples Communication Workshop ACS • Prayer Breakfast Chapel • Mongolian BBQ CZCC | Anger Management ClassII ACS Bosses Day Luncheon CZCC Nichibei Friendship Golf Tournament CZGC | 17 | Tokyo Disneyland/ DisneySea Tour Mt. Myogi Hike and Hot Spring Tour | |
| No Tap 3-6-9 Bowling Enoshima Island Autumn Festival Tour Sanno Brunch and Roppongi Hills Tour | 20 | • Managing Personal Stress ACS • Football Bash CZCC • Newcomer's Orientation CCC | • Community Information Exchange Meeting ACS • Mongolian BBQ CZCC | Anger Management Class III ACS New Comer's Train Class I ACS | 24 | Fuji Area Excursion Tour Trout Fishing Derby ODR Tennis Doubles Sports | |
| • Tokyo by Day Tour • Tokyo Motor Show Tour | 27 | • Football Bash CZCC | **Malloween Costume Contest Bowling** **Mongolian BBQ CZCC** **Masquerade Family Night CZCC** | • Anger Management Class IV ACS | • Payday Scramble CZGC | | |



http://www.usarj.army.mil/information/mwr/business/golf/

I Camp Zama Golf Club · 263-4224

onday -

Thursday, "Pasta Special". Monday - Friday & Sunday's, Daily Lunch Special. Sunday's "Family Special" (includes tossed green salad & ice cream for dessert).



PAYDAY SCRAMBLES

Friday, 3 October, shotgun start at noon and 31 October, shotgun start at 11 am. Entry fee is \$15 per person plus green fee for non-members. Sign up at the golf shop.

TOURNAMENTS

• Nichibei Friendship Golf **Tournament**

Thursday, 16 October, 9 am, shot-

gun start. Contact Ernie Harada at 263-4225 to sign up.

(Map location 21)

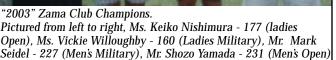
GOLF COURSE HAPPENING

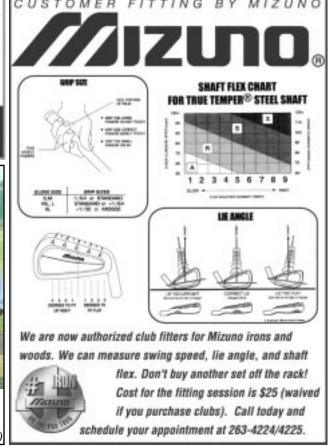
On Saturday - Sunday, 18 - 19 October, the best golfers in the Kanto Plain will tee it up in the 1st Annual Zama Open. Handicaps will be used to establish the flights, but it will be an all gross score competition.



Please repair ball marks on the green. A ball mark that is repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly it will be visible for weeks.

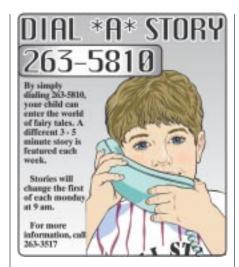






■ Community Libraries • 263-3517

(Map location 17)



STORY HOUR

Story hour is every Tuesday, 10 am, at the Zama Library, and every Thursday, 10 am, at the Sagamihara Library.

ON-LINE RESEARCHTOOL.

Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips.

E-BOOKS FREE ACCESS

(The electronic version of the printed book). Read, browse or check it out. Over 2,000 titles are

Call Dale Jorgenson at 263-4224 for an appointment.

available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or use at home. Stop by the Zama, SHA or Depot Libraries to apply for a personal Ebook account today. We require 24 hours to set up an account.

CHECK OUT OUR WEB SITE

http: www.usarj.army.mil information/zama/mwr/library/index.htm

LIFETIME SPORTS AND RECREATION PROGRAM

See page 12 for more details.

NEW MCNAUGHTON BOOKS

- Say When by Berg, Elizabeth
- Runaway Heart by Cannell, Stephen J.
- Gettysburg by Gingrich, Newt
- Cerulean Sins by Hamilton, Laurell K.
- Sushi for Beginners by Keyes, Marian
- Shutter Island by Lehane, Dennis
- Positively Fifth Street by McManus, James
- The Future of Freedom *by Zakaria*, *Fareed*
- Living History by Clinton, Hillary Rodham (BS)
- White Death by Cussler, Clive (BS)
- The Lake House by Patterson, James (BS)



• Johnny Angel by Steel, Danielle (BS)

• Dereliction of Duty by Patterson, Robert (BS)

NEW VIDEOS

• The Adventures of Timmy the Tooth "Big Mouth Gulch"

Dragon Ballz Childrens
 Majin Buu-The Atonement
 Majin Buu-The Hatching

• Sing Along Songs *Childrens*Color of the wind (Poca Hontas)
Honor to Us All (Mulan)

• Sesame Songs (Rock & Roll) Childrens

NEW DVD

• The Adventures of Pluto Nash ... Comedy

Minority Report Thriller Unfaithful Thriller

• XXX Action



COMMUN FOOTBALL BASH Game Starts at 7 pm Enjoy "Monday Night Football" at the Zama Community Club in the Firelight Lounge starting at 7 pm October football schedule: 07 October - Indianapolis vs Tampa Bay 14 October - St. Louis vs Atlanta 21 October - Kansas City vs Oakland 28 October - Miami vs San Diego Every Tuesday night there will be major door prize drawings - all winners during the season will qualify for the GRAND PRIZE drawing in January. The GRAND PRIZE drawing is: round trip flight to Hawaii (for two people) four nights lodging in a quality hotel cash to offset some incidental expenses THANKS to our sponsor, **COORS**, for supporting this exciting event for the Camp Zama Community --- your support is sincerely appreciated.

■ Arts and Crafts • 263-4412 (Map location 3)

he Craft Store.

The Crafts Store at the Arts and Crafts Center has many products to include Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

Stop by to engrave a "Torii Gift" for your friends.

LIFETIME FITNESS AND RECREATION

See page 12 for more details.

FAMILY TIME PROGRAM

Almost any class at Arts and Crafts Center can be scheduled for your convenience. Let us program some classes on Wednesday afternoon for you and your family.

SERVICE

Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

PRINT SHOP

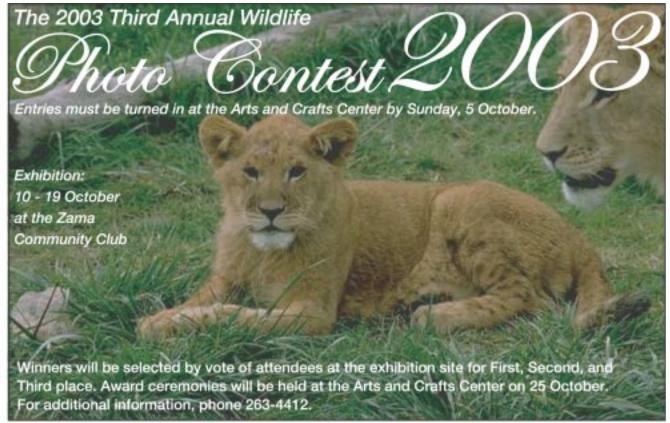
• Screen Printing and Heat Transfer Printing

We carry heavy weight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for Water Color & Acrylic Paint, Stained Glass, Photography, Contracted Custom Framer and various arts instructors. For more information, please contact Nodera at 263-4412.





■ Camp Zama Community Club
(Map location 12) • 263-4133

unday Brunch.

"International Themed
Brunches" are back on
Sundays, 10 am - 1:30 pm. You
can "dine in another country"
with our themed brunches.
Themes include Mexican,
Mediterranean, Chinese,
Japanese, German, etc.
Adult; \$12.95; Youth (8-12):
\$4.95; Youth (4 - 7): \$2.50; and
Kids 3 and under are free.

Friday, 31 October, free children's meal in the dining room for all children ages 12 and under in a costume and dining with their parent!

■ MONGOLIAN BBQ

EVERY Wednesday in the ballroom, 5 - 9 pm. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

■ BINGO NIGHT

Our bingo program has changed! Every Thursday and Sunday night try our new games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our new large cash pay out. But, you will never know unless you come out and try your luck at our bingo game. Don't worry about dinner; you can eat while you play.

■ EDA'S SEAFOOD AND FILLET

A touch of elegance, featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie

or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ USA BUFFET

Enjoy soup, salad, starches, vegetables, three entrees and dessert. For adults, \$9.95; ages 4 - 12, \$4.95; free for ages three and below. This is a family style all-u-can eat buffet. *Friday Night Only* from 5 - 10 pm.

Ballroom

Bingo

Sun 6 pm
Thu 7 pm
Cards go on sale one hour before the first game.

• Firelite Lounge

Friday

Karaoke 7 - 10 pm Hip Hop 10 pm - 3:30 am Sat Country 10 pm - 2:30 am Sun Jazz 5 - 11 pm





LUNCHES

Sunday Brunch

- 5 Japanese Brunch
- 12 Italian Brunch
- 19 Tex-Mex
- 26 Korean

Monday - Closed Tuesday

- 7 Chicken Enchiladas
 - Beef Croquettes
- 14 Vegetable Yakisoba
 - Chicken Provolone
- 21 Katsudon
 - Chicken Creole
- 28 Chicken Cordon Bleu
 - Shepherd's Pie

Wednesday

- 1 Sliced Turkey w/Stuffing
 - Marbou Tofu
- 8 Baked Hami Hami
 - Beef Stew Alamode
- 15 Beef Bowl
 - Mexican Platter (Fajita)
- 22 Teriyaki Beef Kabob
 - Vegetable Lasagna
- 29 Ton Pourou
 - Meditteranean Chicken

Thursday

- 2 Pork Ginger w/Cabbage
 - Crab Cake w/Cream Sauce
- 9 Baked Cod Fillets w/ Sauce
 - Spicy Chicken w/Vegetables
- 16 Kinoko Rissot Stuffed Tomato
 - Lamb Skewer on the Pilaf
- 23 Doria Milanase
 - Chicken Oyako Don
- 30 Wurst Sausage w/Sauer Kraut
 - Yankee Pot Roast Beef

Friday - Smorgasbord (Served with Hot Vegetables)

- 3 Mini Cod Fritter, Veal Parmesan, Fetucchine Pasta,
- 10 BBQ Spare Ribs, Cajun Cat Fish, Fried Potato Wedge, Hush Puppies
- 17 Beef & Green Pepper, Pork & Stir Fry Vegetables, Steamed Shumai, Fried Rice
- 24 Tandoori Chicken, Pork Cutlet w/Curry Sauce, Rice/Egg Roll
- 31 Tuna Noodle Casserole, Chicken Fried Steak w/Gravy, Potato Au Gratin,

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed Tuesday

- Regular Menu
- Chef's Special

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Chef's Special
- Regular Menu
- Fine Dining

Friday (USA BUFFET)

- Regular Menu
- Fine Dining
 - 3 Seafood Feast

DINNER MENU

- 10 BBQ Spare Ribs Baked Herbed Chicken Wild Rice/White Rice Mashed Potaoes w/Gravy
- 17 Chicken Cacciatore Fish Florentine Rice Pilaf/White Rice
- 24 Sweet Sour Chicken Happousai Fried Noodle Fried Rice
- 31 Beef Bourguignon Teriyaki Chicken Breast Mashed Potatoes w/Gravy White Rice

Saturday

- Prime Rib Dinner (\$12.95)
- Regular Menu
- Fine Dining





agami Lounge "Family Movie Night" is on Wednesday at 5:30 pm.

Sagami Lounge will be closed on 13 October (Columbus Day).



- Friday, 8 pm
 - 3 70 and 80 Music with DJ
 - 10 Country Music with DJ
- Saturday, 8 pm
 11 70 & 80 Music with DJ
- Friday, 8 pm
 17 70 & 80 Music with DJ
- Saturday, 5 8 pm
 18 Family Karaoke Night
- Friday, 8 pm
 24 Country Band with DJ
- Saturday, 5 9 pm
 25 Family Bowling
- Friday, 5 8 pm
 31 Karaoke for Children

Sagami Lounge • 268-4954/4847 (Map location 1) Orders: 268-4142

LUNCHES

SUNDAY

- 5 Closed
- 19 Sunday Brunch

MONDAY

- 6 Chicken Cashew
- 13 Closed
- 20 Teriyaki Beef Steak
- 27 Sweet and Sour Pork

TUESDAY

- 7 Pork Cream Stew
- 14 Hamburger Steak w/Gravy
- 21 Pork Curry
- 28 Chicken Cordon Bleu

WEDNESDAY

- 1 Italian Hamburger Steak
- 8 Soft Taco
- 15 Pork Chop Suey
- 22 Chicken Fajita
- 29 Beef Stew

THURSDAY

- 2 Lasagna w/Garlic Bread
- 9 Meat Loaf
- 16 Lasagna w/Garlic Bread
- 23 Spaghetti w/Meat Sauce
- 30 Spicy Baked Chicken

FRIDAY

- 3 Seafood Casserole
- 10 Mix Seafood Platter
- 17 Bean and Cheese Enchiladas
- 24 Mix Seafood Platter
- 31 Salmon Clam Fetuccine

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7)

- 7 Mexican Dinner Special
- 14 BBQ Dinner Special
- 21 Japanese Dinner Special
- 28 Pizza & Pasta Dinner Special

WEDNESDAY NIGHT

1, 8, 15, 22 & 29 October draw your own discount

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 2 Italian Dinner
- 9 French Dinner
- 16 Japanese Dinner
- 23 Chef's Special
- 30 Spanish Dinner

FRIDAY NIGHT

- 3 Steak & Shrimp
- 10 Prime Rib Dinner
- 17 Steak & Shrimp
- 24 2 for 1 Steak Night
- 31 Steak & Shrimp (Halloween discount for children in costume)

SATURDAY NIGHT

4, 11, 18 & 25 October, Mongolian BBQ

11 October \$1 discount, (Mongolian BBQ only)



■ Hob Nob Inn • 267-6372

(Map location 6)

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagamihara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

MOVIE NIGHT

Every Wednesday, 4:30 - 11 pm. New selected movies. Adults only.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.





Oil Change

The MWR web page is: http://www.mwrjapan.jp.pac.army.mill

o Tan 3-6-9

o Tap 3-6-9.

Sunday, 19 October, bowling starts at 11:30 am. Even moderate bowlers look good in this tournament. Just \$15 with a nine pin no tap game and a 3-6-9 (guaranteed strikes in those frames) game. Discount food coupons available for early sign ups. Cash prizes to the top five scores.

BEST PRICING IN BOWLING Monday - Friday 11 am - 4 pm:

Adults: \$1.75 a game Kids: 75¢ a game Shoes: 95¢

League members: \$1.50 at all times After 4 pm, adults: \$1.75 a game.

■ Zama Bowling Center • 263-4780 (Map location 6)

... NEW THIS OCTOBER ...

Bowl-n-Lunch

Here's a fun way to pass your lunch hour. Spend \$5 at the snack bar during the hours of 11 am - 1:30 pm and get a coupon for one free game to be bowled at that time.

• Green Suitor Special

All active duty military will bowl for just \$1.50, Mon - Fri, 11 am - 4 pm.

• Weekend Family Open Bowl

\$1 per game per person in the family. Take your family bowling Sat & Sun and pay just \$1 a game per person. Not available during tournaments,

FAMILY TIME BOWLING

October Family Time bowling is on 1 and 15 October, 3:30 - 5:30 pm. Free games and free shoes during Family Time. No lane reservations are taken at this time. This benefit is for all SOFA sponsored military, DAC's, family members, and IHA/HPT/MLCs. It is our way of thanking you.

COSMIC BOWLING

Every Saturday night, 6 - 10 pm. The wall paper glows, the pictures glow,

the balls glow, the pins glow, what more do you need? Come out for this exciting fun night. This is also the meeting night for the Action Hero Bowling Club.

TOURNAMENTS King of the Hill Tournament

Sunday, 5 October, 11 am. Bowl against the best scratch bowlers in the Kanto Plain. Entry fee is \$40. Special Sunday Brunch is offered at the Zama Club for just \$10. This is a \$2.95 discount value. Sign up early; spaces fill up fast.

"600" SERIES SNACK BAR

The snack bar has all your favorite dishes, particularly Chicken Orien-

tal and Phill Try our r chicken, a time saver for dinner.







■ Auto Craft Shop • 263-3615 (Map location14)



how? Your Camp Zama Auto Craft Office is pleased to offer Ladies
Day on the second Wednesday of each month. You will receive
personalized instruction and assistance to repair and keep your vehicle
in top running shape. The personalized service is free; all you pay is
a nominal facility usage fee. Contact Frank Bordenave at 263-3615 for
an appointment.

PLEASE NOTE:

- Wednesday Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

MOTOR SPORTS CLUB

Anyone interested in starting a Motor Sports Club please call Frank Bordenave at 263-3615.

SAFETY ORIENTATION

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

The Auto Crafts staff is ready and able to help you on your way to more independent motoring. We encourage you to call or stop by to discuss your vehicle needs. With our support, you will find most basic maintenance is well within your capability. Improve your quality of life and get the satisfaction of doing it yourself while enjoying significant savings.

VOLUNTEERS

The Auto Craft Shop is always looking for volunteers who have some automotive / mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or the Army Community Service (ACS) building.

SERVICES

• Used Vehicle Courtesy Inspection

We offer a 20 point courtesy inspection for soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

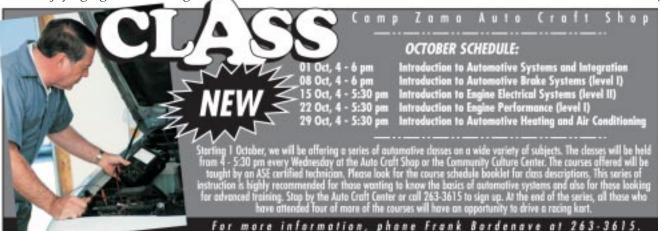
Towing Service

Towing service and roadside assistance. We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

LIFETIME FITNESS

See page 12 for more details.





ommunity Mayors and Deputy Mayors' Nominations. Nominations for Community Mayors and Deputy Mayors will be accepted 3 - 31 October. Nomination boxes will be located at various locations in the community. Housing area mayors must reside in the area in which they are nominated. Write-in nominations are also welcome. All mayoral incumbents serve a one-year term. For more information. call 263-5550.

■ Army Community Service • 263-8327 (Map location 2)

RELOCATION READINESS /MO-BILIZATION AND DEPLOY-MENT PROGRAMS, 263-8089

• Medical Morning and Community Tour

Healthcare professions provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 15 October in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program. A community bus tour will be conducted immediately following the briefing. Lunch will be provided. The tour is scheduled from 11 am -2:30 pm. Please call ACS at 263-8327 to register for the tour only.

• Newcomer's Train Class Parts I and II

Part I will be held on Thursday, 23 October, 6 - 8 pm, in the ACS Community Room, Building 402. This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 25 October, 9 am. Join us as we travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

FAMILY ADVOCACY PROGRAM 263-4782

October is Domestic Violence Awareness Month. In support of Domestic Violence Awareness, the Family Advocacy Program will kick off the Purple Ribbon Campaign on 3 October, 11:30 am - 1 pm, at the Camp Zama PX and 2 - 3:30 pm at the SHA Commissary. There will also be a series of workshops offered through the Family Advocacy Program.

The workshop schedule is as follows:

- Anger Management Class I Thursday, 9 Oct. 11:30 am - 1 pm
- Anger Management Class II Thursday, 16 Oct. 1:30 - 3 pm
- Anger Management Class III Thursday, 23 Oct. 1:30 - 3 pm
- Anger Management Class IV Thursday, 30 Oct. 11:30 am - 1 pm
- Single Parent Support Group Tuesday, 14 Oct. 1:30 - 3 pm, ACS Outreach Room.
- Couples Communication Workshop Wednesday, 15 Oct. 11:30 am -1:30 pm, ACS, Bldg 402.
- Managing Personal Stress
 Tuesday, 21 Oct. 9 11 am, ACS, Bldg 402.

FAMILY MALTREATMENT PREVENTION

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as

Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 21 October, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary and Private Organizations. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance, 263-4743.

• FOR INTERNATIONAL CALLS:

99 + 001 + Country Code + Area Code + Phone No.

• FOR DOMESTIC CALLS: 99 + 001 + Area + Phone



Sponsorship does not imply endorsement by the U.S. Government

spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-4782.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call Ms. Zamora-Cruz, FAP Manager, at 263-4782.

NEW PARENT SUPPORT PROGRAM (NPSP), 263-3638

The NPSP is now offering Home Visitation to new and expecting parents. For more information contact Ms. Sonji Brown at 263-3638.

• Play Morning

Play Morning is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at SHA CDC from 9:30 - 11:30 am.

In conjunction with Play Morning, the NPSP has incorporated a Baby Love Seminar. This one hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 6 years of age. Please join us on October 28, 10:30 - 11:30 am, at the SHA CDC.

COMMUNITY LIFE OFFICE 263-5550

ACS welcomes Ms. Patricia Centeno, Community Life Officer!

• Installation Volunteer Program

The Camp Zama community is always in need of volunteers. Without volunteer assistance, many of the programs and services we now enjoy would not be possible. Your spare time can make a difference. For more information, call 263-5550 or come to Army Community Service, Bldg 402.

• Community Information Exchange Meeting

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders and commu-



nity members. Command leaders and community representatives provide information and updates on community events and projects. The next meeting will be held on 22 October in the ACS Community Room at 9 am.

Mayors Luncheon

Held on 15 October at the Sagami Lounge in Sagami Depot. This will be the last session for our 2003 mayors. ACS would like to thank you for your commitment and support to the community.

AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783

The Army Family Team Building program is designed to provide information, knowledge, and skills needed to gain better access to the community support programs provided to assist families throughout a soldier's career. Family preparedness and self-reliance is important to readiness because it provides peace of mind to deployed soldiers. The premise of the AFTB program is "volunteer family member" assisting other "family members".

If you are interested in taking any of the AFTB courses or would like more information on these programs, please call 263-4783 or email: kay.calton@zama.army.mil

FINANCIAL AND EMPLOYMENT READINESS 263-8091

ACS welcomes Malissa Welch, Financial Readiness Manager!



zu Minshuku Overnigh Trip. Saturday - Sunday, 11 - 12 October

Depart: 8 am, Saturday

Return: 3:30 pm, Sunday A: \$105 • Y: \$85 • I: \$85 (includes accommodation, dinner and breakfast, guide-1st day and bus transportation). Did you ever want to stay at a Japanese Inn and sleep on a futon, relax in a tatami room and eat Japanese seafood cuisine? This is a greatopportunity to experience Japanese culture during your stay in Japan.

Price Code, unless otherwise <u>indicated</u>.

A=Adult: (13 & up)
Y=Youth: (3 - 12)
I=Youth: (2 & under)
Schedules and prices are subject to change.

■ Zama Local Tours • 263-4671

(Map location 31)

NIKKO EXCURSION

Saturday, 4 October

Depart: 5 am • Return: 8 pm

A: \$45 • Y: \$35 • I: \$25 (includes Toshougu shrine admission, guide and bus transportation).

Come and take a day trip to Nikko! It is best known for the Toshogu Shrine. Other sites you will visit are Rinnoji Temple, Futarasan Shrine, Daiyu-in, Lake Chuzenji, Kegon Falls and Ryuzu Falls.

EDO-STYLE HOT SPRIN NEW

Saturday, 4 Ocotber

Depart: 4:30 pm • Return: 11:30 pm A: \$12 • Y: \$9 • I: \$5 (includes bus transportation only).

Relax in Yukata (Japanese bathrobe) and wash your cares away at an Edostyle hot spring. Soak in open-air and indoor baths, soothe yourself in the stimulating footbath and enjoy rejuvenating body and foot massages.

KATSUNUMA GRAPE FESTIVAL

Sunday, 5 October

Depart: 8 am • Return: 6:30 pm A: \$15 • Y: \$9 • I: \$5, (includes bus transportation only).

Katsunuma Grape Festival! Eat grapes, drink various types of wine, and experience Obon-style dancing, Japanese food and souvenir booths as well as many wineries pouring their finest wines.

YOKOHAMA "TWILIGHT" ZIPTRIP

Friday, 10 October

Depart: 2 pm • Return: 10 pm A/Y: \$8 • I: \$5, (includes bus trans-

portation only).

Explore the Yokohama area and spend your evening at famous spots such as Minato Mirai 21 area, Chinatown and Yamashita Park.

FUJI SAFARI PARK

Saturday, 11 October

Depart: 8 am • Return: 5 pm

A: \$35 • Y: \$25 • I: \$15, (includes admission, guide and bus transportation).

At Fuji Safari Park you can view the animals roaming free from the bus as it drives through the Safari Zone. Also, visit the Animal Village, Petting Zone, restaurants and shops.

SQUIRREL PARK IN MACHIDA

Sunday, 12 October

Depart: 9:30 am • Return: 3:30 pm A/Y/I: \$3 (includes bus transportation only).

Yakushi Ike Park is a rich green Japanese style garden with many kinds of blossoms during all the seasons. Located next door is Squirrel Park which has approximately 400 Taiwanese squirrels running free that you can feed.

FREE TIME AT TAMA HILLS

Monday, 13 October

Depart: 8:30 am • Return: 5:30 pm A /Y: \$6 • I: \$3 (includes bus transportation only).

Join us for some free time at Tama Hills Recreation Area. This 300-acre outdoor resort offers many activities such as hiking, horseback riding, paint ball, bicycling, archery, and miniature golf. Softball fields, picnic shelters, and a

Child and Youth Services MWR Needs Instructors

To teach Hapkido, Piano, and Tumbling and Gymnastics to youth ages 5 - 18, Monday thru Friday after school, and on Saturday Mornings.

Contact Mr. Jonathan DeLong, School Liaison Officer at 263-3241/3397, or e-mail jonathan.delong@zama.army.mil



Girls ages 5 - 17 come check out the Girl Scouts. The possibilities are endless! Call Cindy Streeton at 267-6090 to sign up today. Zama girlscouts@yahoo.com

UPCOMING EVENTS

- Celebrating Juliet Low Day with Japanese Sister Troops Saturday, 25 October 9 - 11 am at the Zama Youth Center
- Red Ribbon Week 21 31 October
- Calendar Sales November

children's play park are also available.

TOKYO DISNEYLAND/ DISNEYSEA

Saturday, 18 October

Depart: 7 am • Return: 11:30 pm A/Y: \$12 • I: \$5 (includes bus transportation only).

Both the young and the young-atheart will enjoy Disneyland's seven theme lands or DisneySea's seven theme ports! Each theme land and port features unique exciting attractions, shops, restaurants, shows and live entertainment.

Discover Hiking!

MT. MYOGI HIKE AND HOT SPRING

Saturday, 18 October
Depart: 5 am • Return: 9 pm
A: \$39 • Y/I: \$35 (includes hot spring admission, guide and bus transportation).

Myogi Mountain Range in Gunma Prefecture is considered one of Japan's best three places for scenic beauty. After the exciting hike, soak and relax in the hot spring with a panoramic view of the Kanto Plain. Not recommended for ages 10 and under.

ENOSHIMA ISLAND AUTUMN FESTIVAL

Sunday, 19 October

Depart: 8:30 am • Return: 5 pm A/Y: \$6 • I: \$3 (includes bus transportation only).

Explore Enoshima Island in Sagami Bay and learn about the island's fascinating ancient history. Visit the remarkable Iwaya Cave and Enoshima Marineland. The Enoshima Autumn Festival features a parade of children, drum performances and many other events.

SANNO BRUNCH AND ROPPONGI HILLS

Sunday, 19 October

Depart: 8:30 am • Return: 5:30 pm A: \$32 • Y: \$22 • I: \$15 (includes brunch, guide bus transportation). First stop is the New Sanno and their tasty Sunday Brunch. Next,

enjoy yourself at the new, upscale Roppongi Hills.Filled with shops, restaurants, cafes, a movie theater, an arena, gardens, and much more.

RELAXATION BIRD WALK WITH SUSAN

Saturday, 25 October

Depart: 9 am • Return: 1:30 pm A: \$7 • Y/I: \$0 (bring hat, rain gear and food/drinks).

Susan Ishida, Advisor, Japanese Society for Preservation of Birds, will take you on this special walk. Come and join us on a bird walk to the reservoir and discover the beauty of ducks, cormorants, herons and coots...

FUJI AREA EXCURSION

Saturday, 25 October

Depart: 7 am • Return: 6:30 pm A: \$29 • Y: \$23 • I: \$15 (includes guide and bus transportation).

Visit the symbol of Japan's scenic areas, view the surrounding natural scenery, browse the souvenir shops and eateries, and enjoy lunch in the scenic Lake Kawaguchi area.

ZOO-RASIA

Saturday, 25 October Depart: 9 am • Return: 3 pm A: \$8 • Y: 5 • I: \$3 (includes admission and bus transportation).

Long to be with the animals? Then come with us to Yokohama's Zoo-Rasia! In each terrain you will find polar bears, elephants, tigers, monkeys, kangaroos and other exotic animals. You will be amazed at the uniqueness of this zoo and the animals that are a part of it!

TOKYO BY DAY

Sunday, 26 October

Depart: 7:30 am • Return: 5 pm

A: \$29 • Y: \$23 • I: \$15 (includes tower admission, guide and bus transportation).

Enjoy the 360-degree view from Tokyo Tower, the fourth tallest tower in the world. There are also many shops, eateries, a museum and an aquarium on the lower levels. After, visit the historic Meiji Shrine and the fashionable Harajuku area.

TOKYO MOTOR SHOW

Sunday, 26 October

Depart: 8 am • Return: 6 pm

A: \$15 • Y: \$9 • I: \$5 (includes bus transportation only).

The 37th Tokyo Motor Show is being held at Makuhari Messe this year. Approximately 260 motor companies will exhibit their latest model cars and motorcycles



■ Sports Office • 263-3954 (Map location 36)

he tanning booth and aqua massager are available for use.

Costs are:

Tanning booth: \$2.50 a visit, \$20 for 10 visits, and \$35 for 20 visits. Aqua massager: \$12 for 15 minutes.

AQUATICS

Pool Hours

Yano Indoor Pool Hours (263-5037): Monday - Friday 6 am - 6 pm Sat, Sun, Holidays 10 am - 6 pm

SWIMMING POOL RESERVATIONS

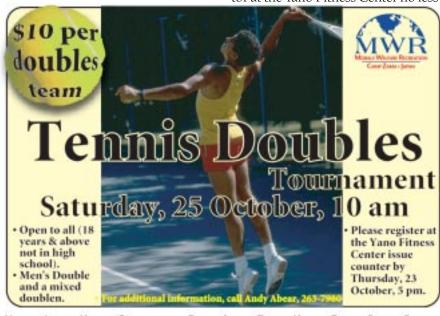
• Pool Party Reservations

If you are considering a pool party, please submit a Pool Party Reservation Request to the Aquatics Director at the Yano Fitness Center no less

than two weeks in advance of the date being requested. Forms are available at the Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone; however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the Aquatics Director, availability of staff assessed (for after hours pool parties specifically), and the Aquatics Director approves the request. For more information, contact Kimberly Bailes, Aquatics Director, 263-5656.

• Training Reservations for Swimming Pool

If you are considering utilizing any of the pools for unit PT, "Drownproofing", or any other structured training program, submit a Pool Training Reservation Request to the Aquatics Director at the Yano Fitness Center. For reservations at the Yano Pool, submit your reservation request preferably two weeks in advance, but no less than one week in advance. For reservations at SHA or Depot pools, submit your reservation request no less than two weeks in advance. Forms can be





faxed to you at your request. A reservation is not official until it is confirmed by the Aquatics Director. For more information, contact Kimberly Bailes, Aquatics Director, 263-5656.

CLASSES

Aerobics

Currently, there are no aerobics classes. Please see the Bugle in the future when classes will be offered again.

Yoga Class

Hatha yoga is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center cardio room. Meditative yoga is now being offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

SERVICES

• Jacuzzi, Steam Room and Sauna

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi is closed for maintenance.

• Masseuse (massage therapist).

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$35 an hour, or \$25 for 30 minutes.







■ Child and Youth Services • 263-4743

(Map location 37)

he Camp Zama Youth Center is open for 9 -12th graders only from 6 - 8 pm week nights, and 8 - 10 pm on Fridays and Saturdays.

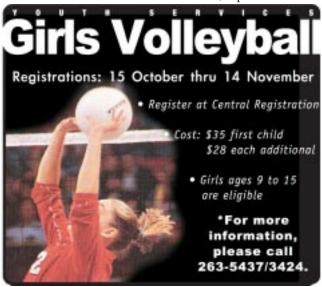
YOUTH SPORTS.

Youth Swim Coaches Needed

Youth Sports is looking to contract out an experienced youth swim coach for the upcoming season. The season began in 1 September and lasts until 30 April 04. For more information, phone Youth Sports at 263-5437.

• Referees and scorekeepers are needed for Youth Sports

Youth Sports is looking for people interested in officiating and score keeping during the upcoming soccer season. Mature and young adults ages 16 and up are eligible. If interested, please contact the Youth Sports Office at 263-5437 or 3424.





■ Outdoor Recreation • 263-4671

OUTDOOR ADVENTURES

Hiking trip, bird walk, autumn leaves, festivals....See Local Tours page for details.

MONSTER CLIMBING WALL

Try our wall for your next party. A variety of equipment checkout items are available at reasonable rates. Ask staff for the price list. We have it all rental vehicles, equipment, park reservations, garden plots and sight-seeing tours - one convenient location in bldg. 719 (a short walk from the Community Club).

RENTAL VEHICLES

Get out of the for autumn leaves. Rent an affordable eight passenger van to explore scenic areas.

Rates:

- Daily rate: \$50 plus refueling
- Hourly rate: \$10 a hour (truck and cargo van - maximum three hours rental).

Reservations:

- Zama, SHA and Sagami Depot active duty: 45 days prior to the pick up
- · Zama, SHA and Sagami Depot civilians: 40 days
- All other reservations: 30 days Rental fee is required when you make reservations. Call for availability.

CLIMB THE GREAT WALL OR TAKE THE PLUNGE

Take the Zama Challenge - the fear factor is very near - rent the wall for your next Camp Zama unit, family, group or scout function. \$200/day

(Map location 31)

rental fee includes climbing gear and instruction. One stop does it all check out your next mountain bike, tent, party canopy, tables, chairs, dunk tank, volleyball set, horseshoe set, tug of war ropes and more!

KENNELS

The pet boarding kennels caring staff will assure that your pets get special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15 for a dog kennel and \$10 for a cat kennel. Weekly and monthly fees are available. PCS status has priority. Call Thomas / Maria at 263-5915.

School Age Services Has Upenings

Kid's Paradise Program for 1st grade through 4th grade Pre-Teen Program for 5th and 6th grade

School Age Services offers a before school program from 6:30 - 8:15 am, after school program from 3 - 6 pm. and a Pre-Teen program, a program specifically designed for 5th and 6th grades (transportation provided for children who live in Camp Zama).

For more information, phone 267-6013, or register at the Central Registration Office (Bldg 533 in Zama)

■ Chapel Activities • 263-4898 (Map location 8)

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily mass, Blessed Sacrament Chapel

Sundays, 9:15 am, mass, Zama Chapel

Sundays, 11 am, CCD, Religious Education Center

1st Sunday of the Month, 5 pm, Parish Potluck, Religious Education Center

2nd Friday of the Month, 7 pm, Rosary Making, Religious Education Center

2nd and 4th Monday of the Month, 6 - 7:30 pm, Catholic Women of the Chapel, Fellowship Room

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School, Religious Education Center (Bldg. 278)

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

Wednesdays, 7 pm, Bible Study, Sagamihara Chapel

LUTHERAN SERVICES

Sundays, 9 am, Worship Service, SHA Chapel

Fridays, 6:30 pm, Youth Choir (Lutheran), SHA Chapel

DEPOT SERVICES (PROTESTANT)

1st and 3rd Sundays, 10 am, Worship Service, Sagami Depot Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturday, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesday, 6:30 pm, Prayer Meeting Service

Friday, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel. Call 243-9511 (LCDR Gersh) for details.

ECKANKAR

Last Friday of each month, 12:30 - 1:30 pm, Religious Education Center

(room 112). Phone Sue at 267-6627.

ON GOING BIBLE STUDIES

Sundays, 2 pm, Experience Old Testament - VCR-TV, Religious Education Center, Ben Salinero, 263-3345 **Tuesdays,** 9:30 am, "Breaking Free" by Beth Moore, Zama Chapel, Carlota Ohura, 0426-74-5605) or Debra Powers (263-7994).

Tuesdays, 7 pm, "I John", 634 SHA, LTC Montgomery.

Wednesdays, 7 pm, Bible Study, SHA Chapel, CH Lewis, 268-4242, **Thursdays,** 9 am, PWOC Bible Study, Zama Chapel.

CHAPEL ACTIVITIES IN OCTOBER

15 October, 6:30 am, Quarterly Prayer Breakfast at the CZCC. See your 1SG or SGM for tickets. Everyone is invited! Guest Speaker: MG Perkins.

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.



■ Torii Station, Okinawa MWR Activities • 644-4703

(Map location page is)

SPORTS AND RECREATION

The Annual Typhoon Classic Softball Tournament will be held 17 - 19 October. Teams from Taiwan and mainland Japan have already registered to participate. Call 644-4334 for further information. The monthly golf event will be held at the Kadena Banyan Tree Golf Course on Wednesday, 1 October. Note that tee times will change to 11 am (show time is 10 am). Skill is not necessary because the format is a 4 person "Scramble", which means you may select one of the four shots. All participants must register and pay their fees to Mike Collins (644-4144 or e-mail Michael.collins@okinawa.army.mil). If you are on Torii Station or in the area, please pay in advance. This will help us get the playing groups off

A very popular event will be held for Pacific-Wide personnel at the Torii Station Perimeter on 5 October. The annual Duathlon will consist of a 5K run, a 30K bike ride and another 5K run. Entry fee is \$20. Awards will be presented to 1st and 2nd places in each age category. There will be men's and women's divisions and a prebrief held at 6 am on race day. Participants may preregister at the Fitness Center.

SCUBA LOCKER

The Scuba Locker has all of the latest equipment for the true diver. Purchase the latest style in Hawaiian shirts from us. Whether you are a brand new diver, a novice or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Check with the training staff to sign up for SCUBA classes and don't forget about the opportunity of a lifetime. Dive with a Whale Shark! It has the demeanor of a puppy dog so come on out and get some great pictures. Did you know that the SCUBA Locker offers FREE Air Fills to all ID card holders!!!! Call 644-4795 for further information on class schedules.

AUTO SKILLS CENTER

The Auto Skills Center is available to solve your automotive needs. If you haven't had the opportunity to take advantage of this modern Center with the finest equipment available, take the time now. Your auto problems can be resolved with the help of our professionally trained staff of mechanics. You won't find better prices anywhere on the Island. Let our guys get you ready for inspection. We can't do the inspection but there are many aspects of the inspection, that we can prepare you for. The Center is open Thursday, Friday and Monday, 11 am - 8 pm, and Saturday and Sunday 9 am - 6 pm. The Center is closed on Tuesdays and Wednesdays.

CORAL COVE CLUB

The Coral Cove Club Lounge offers a variety of programs. On Thursday, "Cook Your own Steak or Chicken" from 5 - 8:30 pm on the beach (a Tbone steak with all the trimmings for \$9 or chicken at \$7). Bring the entire family and dine in the ambience of the East China Sea. The kids will enjoy the new "Kids Value Meal" which includes a hot dog or hamburger, beans, cole slaw and a soda for a nominal price of \$4.95. On Friday, from 5 -8:30 pm, "Cook your own Steak or Chicken" on the front patio of the Main Coral Cove Club. Also included is the "Kids Value Meal". For further entertainment, the Lounge offers free snacks, pool or karaoke from 5 - 9 pm. DJ Tony Ross will entertain you with the latest chart sounds from 9 pm - 1 am. "Saturdays Ladies Night" features karaoke 5 - 9 pm and DJ Tony from 9 pm - 1 am. Sunday Brunch is the finest offering on the Island and the best price in town.

ARMY COMMUNITY ACTIVITIES

There will be a full month of activities, beginning with the Newcomer's Briefing on 7 October. A Power Pay Briefing will be held on 15 October in the ACS briefing room, Bldg. 236. A Relocation Office Cultural Tour of

famous Okinawa treasures will be held on 23 October. A Cultural Enrichments of Historical Okinawa is scheduled for 25 October. Call 644-4110 for further information and times of the programs.

THEATER

Enjoy the free movies brought to you by AAFES and the Torii DCA Division every Friday through Monday starting at 7 PM. Look for schedules in the "Island Market", "This Week On Okinawa" and the monthly "Torii Newsletter".

ARTS AND CRAFTS

If you are a new arrival to the Army community, stop in and browse around and you will discover a staff of MWR professionals waiting to serve you. As always, the popular framing and matting classes are available for all military patrons and family members. The woodworking and ceramics departments are also available for your use. Call 644-4403 Monday, Thursday and Friday from noon - 8 pm, or visit us at Bldg. 240 near the main gate.

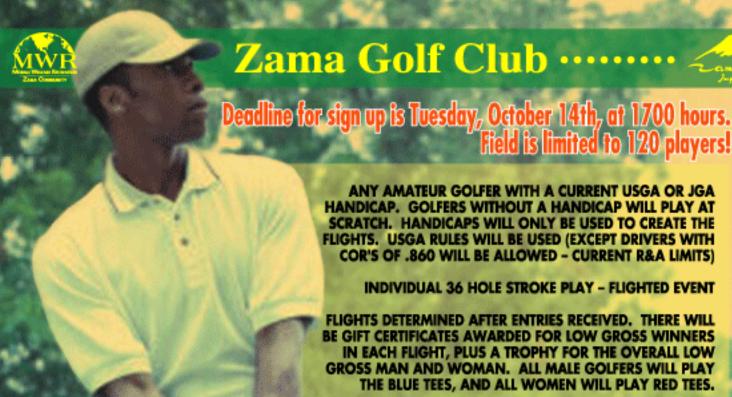
LIBRARY

We will celebrate Columbus Day on the 13th with displays and reading materials. On the 31st, we will celebrate Halloween with featured books and readings. The Childrens Reading Hour is every Wednesday at 10 am. The Mom and Kids Internet room is enjoying full capacity. This is mom or dad's chance to surf the net while the kids enjoy a movie in your private room. We have a new selection of DVD's and VHS movies to select from...and at a great price...Free...and you can keep these selections for an entire week!! Join us at the Library for a relaxing day on Torii Station.



■ Directory of MWR Facilities & Additional Activities

| DIRECTORATE OF COMMUN | 263-7611 | Take Out Lunch Mon-Fri Dinner Tue-Sat | 268-4142 1100-1300 1700-2000 | Central Registration Mon-Fri Depot Dev Group F | 0730-1 Home | 268-4625 |
|--|------------------------------|--|---|--|------------------------|-------------------------|
| ■ Army Community Service | es 263-8327 | Lounge/Game Room Tue-Thu | 1100-2200 | Mon-Fri Sagamihara CDC | 0830-1 | 1730 267-6564 |
| Mon, Wed & Fri | 0730-1630 | Fri | 1100-2400 | Mon-Fri | 0530-1 | |
| Tue & Thu | 0730-1730 | Sat | 1630-2300 | Zama CDC | | 263-4992 |
| ZAMA Golf | Club | Open during lunch | <u></u> | Mon-Fri ■ YOUTH SERVICES | 0530-1 | 1800 |
| | 0.000 | Community Recreat | tion Division | Depot Youth Center | r | 268-4625 |
| Administrative Office | 263-4224 | | | Zama Youth Center | | 263-4500 |
| (All the following golf activities | 263-4966 | ■ ADMINISTRATIVE OFFICE | | Mon-Thu | 1430-1 | |
| Course/Starter | 263-4975 | ■ ARTS & CRAFTS CENTE Mon-Tue | CR 263-4412 Closed | Fri-Sat Sun | 1200-2 Closed | |
| Mon-Fri | 0700-1700 | Wed-Fri | 1300-2100 | School Age Services | | 267-6317 |
| Sat, Sun & Hol | 0630-1700 | Sat - Sun | 1000-1800 | Mon-Fri | 0630-1 | |
| Restaurant Mon-Fri | 263-7665 0630-1700 | Open during lunch | | Youth Sports | 2022 | 263-5437 |
| Sat, Sun & Hol | 0600-1700 | ■ AUTO CRAFTS SHOP Mon-Tue | 263-3615 Closed | Tue-Sat Open during l | 0900-1 | 1800 |
| Pro Shop | 263-5284 | Wed-Fri | 1300-2100 | Open during n | AIICII | |
| Mon-Fri | 0645-1700 | Sat-Sun | 1000-1800 | Services D | ivision | |
| Sat, Sun & Hol Driving Range | 0615-1700 263-4565 | ■ COMMUNITY CULTURA | | | | |
| | Sunrise-2000 | Mon-Fri | 0900-2045 Closed | ■ ADMINISTRATIVE O | FFICE | 263-5962 |
| Sun | 1600-2000 | Sat, Sun & Hol Open during lunch | | Zama Lodgir | าต | |
| Range is unattended-pure | hase taken at pro shop | ■ INTERNATIONAL TOUR | S 263-5273 | | .9 | |
| Bar Man Eni | 0620 1700 | Mon-Fri | 1000-1800 | ■ ADMINISTRATIVE O | FFICE | 263-3293 |
| Mon-Fri Sat-Sun | 0630-1700 0600-1700 | Open during lunch ■ LIBRARY | l | Reservation Desk | | 263-2775 263-3830 |
| Chip Inn | 0000 1700 | Zama | 263-3517 | Front Desk Open 24 hours/7 | 7 davs a weel | |
| Mon-Fri | 0800-1600 | Mon-Thu | 1000-2030 | Open 2 + nours/ | - days a weer | |
| Sat, Sun & Hol | 0730-1530 | Fri- Sun & Hol | 1000-1800 | USAG-J Oki | nawa MWF | ₹ |
| Community Operat | ions Division | Open during lunch Depot | 268-4523 | ■ DIRECTOR COMMU | NITV ACTI | VITIES |
| - | | Tue-Thu | 1100-1900 | ■ DIRECTOR COMMO | NIII ACII | 644-5396 |
| ■ ADMINISTRATIVE OFFI | | Fri & Sat | 0900-1700 | ■ ARMY COMMUNITY | SERVICE | |
| ■ BOWLING CENTER ZAI | 263-5614 MA 263-4780 | Sun, Mon & Hol | Closed | Director | | 644-4110 |
| Mon - Wed & Sat | | Open during lunch | 267-6603 | Receptionist | | 644-4175 |
| Thu & Fri | 1100-2230 | Sagamihara Tue-Thu | 1000-1900 | Relocation Coordina Outreach/Volunteer | | 644-4385 |
| Holidays | 1100-1700 | Fri-Sat | 0900-1800 | Finance/Consumer | | 644-4378 |
| ■ BOWLING CENTER DEP | | Sun, Mon & Hol | Closed | School Liaison Office | er | 644-4908 |
| Tue - Sat Sun - Mon | 1100-2000 Closed | Closed for lunch | 1400-1500 | Family Advocacy | | 644-4106 |
| ■ ZAMA COMMUNITY CL | | ■ OUTDOOR RECREATION Vehicle Rental/Equipme | | AF TB / AFAP Mana ■ ARTS & CRAFT CEN | | 644-4743 644-4303 |
| Lunch | | Mon-Fri | 0900-1730 | Lobby | 11210 | 644-4706 |
| Tue-Thu | 1045-1315 | Sat-Sun | 0800-1600 | ■ CORAL COVE COM | MUNITY CL | |
| Sunday Brunch Cashier & Game Room | 1000-1330 | Holidays | 1000-1400 | Business Manager | | 644-4894 |
| Sun-Thu | 1000-2300 | Open during lunch Local Tours | 263-4671 | Lounge Cashier Cage | | 644-4306 644-4426 |
| Fri | 1000-0230 | Mon-Fri | 0900-1730 | Kitchen | | 644-4505 |
| Sat | 1000-0330 | Holidays | 1000-1400 | ■ LIBRARY | | 644-4468 |
| Catering Tue, Thu & Fri | 263-4204 0930-1730 | Open during lunch | | Staff Room | | 644-5335 |
| Wed | Appts Only | Animal Boarding Kenne Mon-Fri | | ■ MARKETING Commercial Sponso | vrchin | 644-4703 644-4495 |
| Café Roberto | FF 7 | | 1000-1700 | Graphic/Illustration | чэтр | 644-4665 |
| Tue-Thu & Sun | 1100-2200 | Closed for lunch | 1230-1330 | ■ MOVIÈ THEATER | | 644-4381 |
| Fri Sat | 1100-0100 1100-0100 | ■ POOLS | 263-5656 | ■ SPORTS/OUTDOOR | | 644-4144 |
| Cornerstone Game Roo | | YANO Mon-Fri | 0530-1800 | Customer Svc/Pavili Sports Specialist | on Rental | 644-4334 644-4797 |
| Tue-Thu & Sun | 1000-2300 | Sat-Sun, Holidays | 1000-1800 | Event Coordinator | | 644-4169 |
| Fri | 1000-0330 | SHA | | Swimming Pool | | 644-4389 |
| Sat Eda's Seafood & Filet | 1000-0230 | Mon-Sun | 1200-1800 | Scuba Locker | | 644-4795 |
| Thu & Sun | 1700-2100 | DEPOT Wed-Sun | 1200-1800 | Retail Sales Equipment Issue | | 644-4290 644-4263 |
| Fri & Sat | 1700-2200 | ■ SPORTS/FITNESS CENTI | | Parks, Picnic & Bea | ch | 644-4698 |
| Firelite Lounge | | Zama | | | | |
| Sun, Tue-Thu Fri | 1630-2300 1630-0330 | Mon-Fri | 0530-2030 | Kure Har | bor Club | |
| Sat | 1900-0230 | Sat-Sun, Holidays Open during lunch | 1000-1800 | ■ MWR Office | 0800 1630 | 256-2580 |
| USA Dining Room | | Sagamihara | Open 24 hours | ■ WWW Office | 0800-1030 | 256-2581 |
| Tue, Thu & Sun | 1700-2100 | Depot | 268-4729 | ■ Outdoor Recreation | 0900/1700 | 256-2575 |
| Wed | Closed | Mon-Fri | 1100-2000 | ■ Dining Room | | |
| Fri-Sat ■ HOB NOB INN | 1700-2200 267-6372 | Sat & Sun | 1000-1700 | Mon-Fri (Breakfast) | | |
| Lounge & Game Room | | Open during lunch | ı | Mon-Fri (Lunch) Tue-Sat (Dinner) | 1130-1300 1630-2000 | |
| Mon, Tue & Thu | 1630 - 2100 | Child and Youth Serv | rices Branch | Bar | 1030-2000 | |
| Wed | 1630 - 2300 | | | Mon | 1630-2000 | |
| Fri Sat | 1630 - 0100 1900 - 0100 | ■ ADMINISTRATIVE OFFICE | | Tue-Sat | 1630-2200 | |
| Sun | Closed | ■ Child & YS Coordinator (All the following CDC facili | 263-8086 | ■ PX / CLASS 6 Mon-Fri | 0900-1730 | |
| Restaurant (Closed) | | lunch.) | ues are open uuring | Sat | 1130-1530 | |
| ■ SAGAMI LOUNGE | 268-4954 | l | | I | | |



ANY AMATEUR GOLFER WITH A CURRENT USGA OR JGA HANDICAP. GOLFERS WITHOUT A HANDICAP WILL PLAY AT SCRATCH. HANDICAPS WILL ONLY BE USED TO CREATE THE FLIGHTS. USGA RULES WILL BE USED (EXCEPT DRIVERS WITH COR'S OF .860 WILL BE ALLOWED - CURRENT R&A LIMITS)

INDIVIDUAL 36 HOLE STROKE PLAY - FLIGHTED EVENT

FLIGHTS DETERMINED AFTER ENTRIES RECEIVED. THERE WILL BE GIFT CERTIFICATES AWARDED FOR LOW GROSS WINNERS IN EACH FLIGHT, PLUS A TROPHY FOR THE OVERALL LOW GROSS MAN AND WOMAN. ALL MALE GOLFERS WILL PLAY THE BLUE TEES, AND ALL WOMEN WILL PLAY RED TEES.

 \$35.00 - ZAMA, ATSUGI AND TAMA HILLS CLUB MEMBERS \$60.00 - DOD NON-MEMBERS ¥11,000 – JGSDF (STATIONED AT ZAMA) •¥15,000 - MLC/IHA/HPT (WORKING FOR USARJ) ¥23,000 - ALL OTHERS (INCLUDES CARTS, DOOR PRIZES AND BUFFET LUNCHEON ON SUNDAY)

FOR MORE INFORMATION: CONTACT DALE JORGENSON, DIRECTOR OF GOLF AT 263-4224 OR E-MAIL Dale.Jorgenson@zama.army.mil

18th **9th (Sat - Su** (TEE TIMES STARTING AT 0630 HOURS) CHECK-IN 30 MINUTES PRIOR!

THANKS TO OUR SPONSORS FOR SUPPORTING THE CAMP ZAMA COMMUNITY.



MR. TAIZO NAKAGAWA

MR. SUSUMU SUZUKI

MR. KENSHO OKADA





MR. HIDEO ARAI

(KABU) PLENTIA

KG PLANNING

PACHINKO DRAGON

GOLF CHANNEL

SUZUKO GOLF

SAGAMI KENKO CENTER

KANAGAWA SEKIZAI (KABU)

(KABU) KOBAYASHI ENTERPRISE

OUTRIGGER HOTEL & RESORTS

GOLF PARTNER SAGAMI CHIKYODA



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